



# Well-Visits Help Keep Children Healthy & Safe



## Routine Care is **Important**

The COVID-19 Pandemic has changed many things. But one thing that is still the same [Children need their check-ups.](#)

The American Academy of Pediatrics encourages families to keep visiting their primary care provider during the pandemic to keep children healthy and on schedule.



## No Spike in COVID-19 & Children

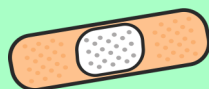
While children can get COVID-19, there have been **few children sick** with COVID-19 in NH.



## Prevention

Children need care, especially when times are tough. **Your pediatrician can help!** They can:

- Examine your child
- Give health advice
- And even discuss COVID-19



## Immunizations

Before there was COVID-19, there were dangerous infections that killed millions. That is why vaccines were created!

**Check with your pediatrician to make sure your child is up-to-date with their shots.**



## Overall Health

Well-visits are a chance for you to talk to your child's provider about their health and your concerns. So keep up with your child's check-ups even during this pandemic.

## Have more questions? **Contact your provider's office**

Whether you are concerned about office cleanliness, how your community is being impacted by COVID-19, or developing a plan for safe travel to the clinic, your provider's office is open to help. **When you make your appointment, ask any and all questions. Your provider is there to help!**